



Share The Table® Noodle-Doodle

Keeping things different can make everyday fun, giving you a reason to look forward to something new to do and inspiring you to do it more often. Changing your meal to be a little different can help bring fun to dinnertime—especially with pasta! Touching and feeling all the different shapes of pasta to create lots of different art projects helps you to develop your creativity—a skill we also need in meal planning and cooking!

Dying Pasta

- Various uncooked/dry pasta shapes
- Rubbing alcohol
- Food coloring
- Large re-sealable plastic bags
- Wax paper
- Rubber gloves

Craft Materials

- Assorted crafts items like pipe cleaners, beads, small foam shapes, buttons, pom-poms, beady eyes, feathers, sparkle pens, glitter, crayons, markers, paper punches, clay, yarn, etc.
- Acrylic picture frames
- Construction paper
- Craft paper or newspaper
- Kids' safety scissors
- Glue sticks, craft glue



Colored Pasta

Colored pasta is easy to do and lends itself to so many fun crafty projects. Ask a grown-up to help make the colored pasta and do this in a well-ventilated area.

1. Pour 1/8 cup of rubbing alcohol (or ¼ cup vinegar) into a plastic re-sealable bag.
2. Add a few drops of food coloring to the plastic bag.
3. Add ½ lb of dry pasta to the plastic bag.
4. Seal the bag and shake, making sure that the pasta is coated well.
5. Set out sheets of wax paper on your work surface.
6. Put on rubber gloves.
7. Remove the pasta from the plastic bags and place on the wax paper to dry.
8. Repeat steps 1 through 7 for each color.
9. Make sure pasta is completely dry before storing in containers/plastic bags.

NOTE: Finished dyed pasta CANNOT be eaten.

Getting Started

1. Lay out craft paper or newspaper on work surface to keep it clean.
2. Set up all the supplies in containers or bowls for easy access.

Barilla Gorilla Directions

Make fun animals or people out of pasta.

1. Use the clay or pipe cleaners to form the body of the figure/animal you wish to make.
2. Decorate with colored pasta, buttons and beady eyes.

Pasta Pics Directions

These picture frames make great gifts.

1. Decorate frames with craft materials, colored pasta and glue.
2. Set completed picture frames out on a flat surface to dry.